

# La Crosse Area Support Groups

## Support Group for Persons with Dementia and Care Partners

When: 1st & 3rd Thursdays of each month from 1:30pm to 2:30pm

Where: Mayo Clinic Health System - Franciscan Healthcare | 800 West Ave. S., La Crosse, WI 54601  
Skemp Building Lower Level - Grandview and La Crosse conference rooms  
(Park in the lot near and enter through the family health clinic on 10<sup>th</sup> street)

For more information call: 608-392-9505

## Support Group for Persons with Younger/Early Onset Dementia and Care Partners

This support group is for persons under the age of 65, living with a new diagnosis of Mild Cognitive Impairment (MCI), Alzheimer's or other related dementia and their Care Partner (spouse, partner, parent, son, daughter, friend, other relative).

When: 3rd Thursday of each month from 4:30pm to 5:30pm

Where: First Lutheran Church, 410 Main Street, Onalaska, WI 54650

Contact: Amy Brezinka at 507-312-9485 or [carecoachconnection@gmail.com](mailto:carecoachconnection@gmail.com)

## Caring Connections - Support for Family Caregivers

Dates: 2<sup>nd</sup> Monday of each month

Times: 11am to 12pm

Cost: FREE

Location: Black River Beach Neighborhood Center – Cottonwood Room

Facilitator: Amy Brezinka

Often times, we hear caregivers say they are looking for support from people who really understand because they've been there too. Caring Connections is a group that offers just that – a safe place for caregivers, family and friends to meet, share and develop a mutual support system. This monthly support group is for anyone who is helping someone to live well – whether it's a long-term condition or a short-term, acute condition.

## Caregiver Support Group

When: *Last* Wednesday of the month at 1:15pm

Where: Hillview Health Care Center—Sunshine Room  
3501 Park Lane Drive, La Crosse

Call 608-789-4867 for more details

## Caregiver Support Group

When: 2nd Thursday of the month at 1pm

Where: Lakeview Health Center, 902 E Garland Street, West Salem

Contact: Paul Kaiser SW 608-786-1400 ext. 40131

## Parkinson's Support Group

When: 4th Tuesday of each month from 2pm-4pm

Where: Gundersen Health System, La Crosse

Call 608-775-2789 for more details.

**Great Rivers 2-1-1** ~ For more information about area support groups dial 2-1-1